Boot-camp Fitness and Boxing with World Champion MMA Fighter Nate “The Snake” Andrews

Train and learn the techniques that made Nate a champion MMA fighter from Rhode Island and New England through this intensive but fun boot-camp class

Unlimited Classes: $125 per month

10 Class Pass: $100 per month

Drop in class: $15 per class

To see Nate’s class schedule go to:

https://theecawellness.com/program-schedule/

Coming in July, 2019

New England Combat has partnered with ECA Wellness to offer an unparalleled metabolic, fitness and recovery program.

Data Driven Fitness Training

24/7 Remote Monitoring with Guidance of your physiological metrics through our specialized fitness track ECA Biostrap

Data Driven Sleep and Recovery Program

Personalized Dietary and Nutrition program overseen by dietary and metabolic doctors